

What if Your Kid Is the Cyberbully?

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There is a 50% chance your child may be a cyberbully!
If your child is guilty of cyberbullying:



Don't freak out.



Speak calmly to your child.



Seek family therapy.



Admit there's a problem.



Be willing to look at your family dynamic and admit if something is causing your child to lash out.



Help your child build a stronger self-esteem.

Cyberbullying Resources

<https://www.connectsafely.org/tips-to-help-stop-cyberbullying/>

<https://www.stopbullying.gov/>

<http://www.bullyingstatistics.org/content/cyber-bullying-statistics.html>

<https://www.pacerteensagainstabullying.org/advocacy-for-others/cyber-bullying/>

<https://teenhealthandwellness.com/static/hotlines>

